



HARMONY SCIENCE ACADEMY - LUBBOCK LUNCH MENU MAY 2017



Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Chicken Nuggets Steamed Corn French Fries Mixed Fruit Cocktail Choice of Milk Ketchup	2 Salisbury Steak Brown Gravy Steamed Carrots Mashed Potatoes Orange Slices Choice of Milk	3 Teriyaki Chicken WG Brown Rice Broccoli Veggie Mix Peaches Choice of Milk	4 Chicken Fried Steak Cream Gravy Mashed Potatoes Steamed Corn WG Roll Apple Choice of Milk	5 WG State Fair Corn Dogs Steamed Green Beans Baked Pinto Beans Pineapple Choice of Milk Ketchup
8 Sloppy Joe W/ WG Bun Baked Beans Carrots&Cumcumber slices W/ranch Mixed Fruit Cocktail Choice of Milk	9 Beef and Bean Burrito WG Spanish Rice Steamed Green Beans Orange Slices Choice of Milk Salsa	10 Bar-B-Q Chicken Mashed Potatoes Steamed Corn Peaches Texas Toast Choice of Milk Ketchup	11 WG Chicken Tenderloin Fritters Cream Gravy Romaine Salad W/ Cheese Steamed Carrots WG Honey Roll Pineapple Choice of Milk	12 Tony's Cheese Pizza W/ G Crust Romaine Salad W/Cheese Steamed Green Beans Pears Choice of Milk Ranch Dressing
15 WG Chicken Nuggets Steamed Corn French Fries Mixed Fruit Cocktail Choice of Milk Ketchup	16 Salisbury Steak Brown Gravy Steamed Carrots Mashed Potatoes Orange Slices Choice of Milk	17 Teriyaki Chicken WG Brown Rice Broccoli Veggie Mix Peaches Choice of Milk	18 Chicken Fried Steak Cream Gravy Mashed Potatoes Steamed Corn WG Roll Apple Choice of Milk	19 WG State Fair Corn Dogs Steamed Green Beans Baked Pinto Beans Pineapple Choice of Milk Ketchup
22 Sloppy Joe W/ WG Bun Baked Beans Carrots&Cumcumber slices W/ranch Mixed Fruit Cocktail Choice of Milk	23 Beef and Bean Burrito WG Spanish Rice Steamed Green Beans Orange Slices Choice of Milk Salsa	24 Bar-B-Q Chicken Mashed Potatoes Steamed Corn Peaches Texas Toast Choice of Milk Ketchup	25 WG Chicken Tenderloin Fritters Cream Gravy Romaine Salad W/ Cheese Steamed Carrots WG Honey Roll Pineapple Choice of Milk	

